



Whipton Barton Federation

Tuesday 17th October 2017

Dear Parents and Carers

We will be holding our Harvest assemblies a little later this year, in the week following the half term break. We will be supporting two very worthwhile charities: Exeter Foodbank and St Petrock's Exeter. Both charities provide support for families and individuals who are struggling.

Harvest was traditionally a time when we gathered and stored crops to be used throughout the year. Not many of us do this today as we leave that sort of thing to farmers. However, we can look out for those who do not have enough to get by and I am asking for your help with this.

On the reverse of this letter is a combined "wish list" from Exeter Foodbank and St Petrock's. I would be very grateful if you and your children could gather as many items from the list as you can manage and bring them into either school reception on Tuesday, Wednesday or Thursday of the first week back after half term. I will then display these for the children to see in assemblies on Friday of that week.

I thank you in advance for your generosity.

Gary Read



Harvest Festival 2017



Thank you everyone for your amazing support with Harvest Festival donations.

This year, St Petrock's and Exeter Foodbank are sending this joint flyer to help co-ordinate resources and ensure that your harvest gifts reach local people where they are most needed.

Please use the lists of 'needed items' for each charity given below to gauge how you can best support them this harvest. Every item will be used to support a local person in need - and will be greatly appreciated!



Exeter Foodbank provides emergency parcels of non-perishable food to local people in crisis via a voucher-referral scheme.

In 2016/17, we supplied 3 days' worth of food to 5,178 people from a wide range of backgrounds (of whom 1,615 were children).

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| UHT/Longlife Milk—1L, <i>semi-skimmed</i> | Noodle/pasta snacks |
| Tinned vegetables | Longlife fruit juice—1L |
| Instant coffee | Tinned fish |
| Teabags | Rice—500g |
| Sugar— <i>granulated</i> | Tinned potatoes |
| Sponge puddings | Custard—tin / carton |
| Pasta sauce | Jams & spreads |
| Tinned meat | Squashes & cordials |
| Tinned fruit | Tinned tomatoes |
| Tinned rice pudding | Biscuits |

Please contact Mark Richardson, Foodbank Manager on 07818 226524 / info@exeterfoodbank.org.uk if you would like a talk about the work of the foodbank, or to arrange a collection.

To aid transportation (and save our volunteers' backs) please place items in **carrier bags** or **small boxes** prior to collection.



Please note that, unfortunately, neither Exeter Foodbank nor St Petrock's are able to accept any fresh produce. If you wish to donate perishable items, please contact the following organisations:

- Apples (*in individuals*): Kenniford Farm 01392 875938
- Apples (*orchards*): Darts Farm 01392 878200
- Any other fresh fruit/veg/chilled items: Exeter Food Action exeterfoodaction@gmail.com 07880 814064

Thank you for your understanding & support!

St Petrock's

provides a range of emergency, advice & support services to aid local people who are homeless or vulnerably housed.



In 2016/17, our centre kitchen served around 10,000 cooked breakfasts & lunches to people without a home. Can you help us continue this vital service by donating any of the following items?

Tinned items:

- Baked beans
- Ravioli
- Macaroni Cheese
- Tinned tomatoes
- Tinned vegetables; (*peas, carrots, potatoes, sweetcorn*)
- Tinned fruits
- Rice pudding
- Tinned custard
- Condensed milk
- Evaporated milk
- Corned beef
- Tinned ham
- Tinned meats – *steak/mince*
- Fray Bento's meat pies
- Tinned fish – *tuna*

- Mint/apple sauce
- Stuffing mixes
- Branston Pickle
- Mustards
- Mayonnaise
- Tomato ketchup
- Brown sauce
- Marmalade
- Strawberry jam
- Peanut butter
- Cereals
- Pasta sauces
- Custard powder
- Biscuits (sweet)

Cleaning items:

- Anti bac hand soap
- Bleach
- Biological Washing powder
- Hand sanitiser
- Solid air freshners
- Anti bac spray
- Anit bac wipes
- Rubber gloves M/L
- Baby wipes
- Pocket tissues
- Tea towels

Packaged Items:

- Sugar – *granulated/castor*
- Instant Coffee
- Teabags
- Hot Chocolate
- Cup a Soups
- Longlife fruit juices
- Fruit squash
- Herbs/spices
- Marmite/Vegemite
- Stock cubes – *beef/chicken/vegetable*
- Instant gravy mix

- Wet/dry dog food
- Dog treats

if you would like a talk about our work, or to arrange a collection, please contact Gill on gill@stpetrocks.org.uk / 01392 422396.