

Whipston Barton Federation





14/11, 05/12, 16/01, 06/02, 27/02, 20/03

Monday

Chicken goujons with pasta, beans and peas

Veggie goujons with pasta, beans and peas

Jacket potato with cheese, beans and salad

> Fruit and ice cream or fresh fruit

Tuesday

Lasagne with garlic bread and mixed veg or salad

Vegetable lasagne with garlic bread and mixed veg or salad

> Ham sandwich with salad

Fruit crunch and custard or fruit

Wednesday

Roast gammon with roast potatoes, broccoli carrots and gravy

Vegetable quiche with roast potatoes, broccoli carrots and gravy

Jacket potato with cheese or chicken and salad

Sticky toffee pudding and custard or fruit

Thursday

Meatballs with tomato pasta and seasonal vegetables or salad

Oven baked omelette with seasonal vegetables or salad

Egg mayonnaise sandwich with salad

> Syrup sponge and custard or fruit

Friday

Fish pieces with chips, carrot and cucumber sticks

Vegetable nuggets with chips, carrot and cucumber sticks

> Chocolate shortbread or fruit

Junior school - salad and bread available daily when not on the menu. Yogurt is also a dessert option.