

Whipton Barton Federation Lunch Menus



Menu Starting Week beginning Monday 1st November 2021

Week 1	Meat free Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Cheese & tomato pizza baguette with sweetcorn or salad	Chicken korma with rice, naan bread and mixed vegetables	Roast gammon with carrots, broccoli, potatoes and gravy	Cottage pie served with mixed vegetables, sweetcorn and gravy	Fish pieces with chips and peas
Main 2	Jacket potato with cheese and beans	Vegetable korma with rice, naan bread and mixed vegetables	Cheese souffle with roast potatoes, carrots, broccoli and gravy	Vegetable pie served with mixed vegetables, sweetcorn and gravy	Cheese croquette with chips and peas
Dessert	Toffee krispie crunch	Iced pear and blueberry muffin	Chocolate cake with chocolate sauce	Iced carrot cake	Flapjack

Week 2	Meat free Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Tomato tumble with peas and sweetcorn	Chicken burger with potato wedges, beans and peas	Roast chicken with stuffing, cabbage, carrots, roast potatoes and gravy	Lasagne with garlic bread and salad	Fish pieces with chips and peas
Main 2	Jacket potato with cheese and beans	Veggie burger with potato wedges, beans and peas	Broccoli potato bake with cabbage, carrots, roast potatoes and gravy	Vegetable lasagne with garlic bread and salad	Vegetable nuggets with chips and peas
Dessert	Fruit cocktail and ice cream	Jam sponge and custard	Iced sponge	Apple and cinnamon cake and custard	Chocolate biscuit

Week 3	Meat free Monday	Tuesday	Wednesday	Thursday	Friday
Main	Macaroni cheese with crusty bread, salad and sweetcorn	Beef cobbler with mash and carrots	Roast pork with sweetcorn, peas, roast potatoes, gravy and apple sauce	Honey and lemon chicken with savoury rice	Fish pieces with chips, peas and sweetcorn
Main 2	Jacket potato with beans and cheese	Vegetable cobbler with mash and carrots	Vegetarian roast with sweetcorn, peas, roast potatoes, gravy and apple sauce	Vegetable quiche with savoury rice	Vegetable sausages with chips, peas and sweetcorn
Dessert	Flapjack	Chocolate cracknell	Rice pudding with jam	Apple square and custard	Custard biscuit

All of the food on our menus is homemade and fresh every day. Please find the allergens key below.

Dairy	Gluten
Egg	Celery
Fish	Mustard
Sulphates	

Infant school – salad served with jacket potatoes. Fruit is served every day as a dessert.

Junior school – choice of salad and bread, when not on the menu and yogurt for dessert.

The meal deal – main with carrot, cucumber and pepper sticks and a dessert.

Sometimes the menu may be changed due to issues with availability of ingredients.