

Salad Bar

Served Mondays and Fridays

Bread

Fresh bread is available daily. Unless your child has picked an option that includes bread.

Pudding

Your child can have a choice of: fruity yoghurt, mousse, jelly, piece of fruit or the menu choice.

Bag Meals

The children will be allowed to eat their lunch outside on a Wednesday. Weather permitting.

Week 1

Weeks commencing:
28/10, 18/11, 09/12,
13/01, 03/02, 02/03,
23/03

Week 2

Weeks commencing:
04/11, 25/11, 16/12,
20/01, 10/02, 09/03

Week 3

Weeks commencing:
11/11, 02/12, 06/01,
27/01, 24/02, 16/03



Whipton Barton Federation

Hill Lane- Exeter - Devon - EX1 3JP

Tel: 01392 467556 (Inf)

Tel: 01392 466072 (Jun)

Executive Headteacher – Gary Read

Deputy Head of Junior School – Amy Hardinge

Deputy Head of Infant School – Gemma Wills



School Menu

October 2019—March 2020

**Whipton Barton
Federation**

Monday

- A. Sausage
 - B. Vegetarian sausage
- Served with:
Mashed potato or pasta
Beans or peas
- C. Jacket potato with cheese

FLAPJACK



Tuesday

- A. Roast gammon
 - B. Cheese wheel
- Served with:
Roast potatoes or mashed potatoes
Carrots, cabbage and gravy
- C. Tuna roll

APPLE SHORTCAKE & CUSTARD

Wednesday

- A. Fish Fingers
 - B. Vegetarian sausage
- Served with:
Chips and peas
- C. Ham baguette

CUSTARD BISCUIT

Thursday

- A. Roast chicken
 - B. Vegetarian roast
- Served with:
Roast potatoes or mashed potatoes
Sweetcorn, peas & gravy
- C. Egg & cress sandwich

Friday

- A. Lasagne
 - B. Vegetarian lasagne
- Served with garlic bread & peas
- C. Jacket potato with tuna
- ## CORNFLAKE CRUNCHIE

Monday

- A. Beef burger
 - B. Vegetarian burger
- Served with: Herby potatoes or pasta, beans or sweetcorn
- C. Jacket potato with tuna

MERINGUE WITH CRÈME FRAICHE AND FRUIT



Tuesday

- A. Roast beef
 - B. Cheese soufflé
- Served with: Roast potatoes or mashed potatoes
Swede, peas & gravy
- C. Cheese baguette

RICE PUDDING WITH STRAWBERRY SAUCE

Wednesday

- A. Fish Pieces
 - B. Quorn Pieces
- Served with:
Chips and sweetcorn
- C. Cheese bap

CHOCOLATE BROWNIE

Thursday

- A. Roast pork with apple sauce
 - B. Vegetarian sausage wrap
- Served with:
Roast potato or mashed potato
Carrots, broccoli & gravy

BAKEWELL TART & CUSTARD

Friday

- A. Mild Chicken Curry
 - B. Vegetarian Curry
- Served with:
Rice, Naan bread and sweetcorn
- C. Jacket potato with cheese
- ## CHOCOLATE CAKE & CHOCOLATE SAUCE

Monday

- A. Cheese and tomato pizza
- Served with:
Sautéed potatoes or pasta
Beans or sweetcorn
- B. Jacket potato with cheese

CHOCOLATE SHORTCAKE



Tuesday

- A. Roast chicken
 - B. Vegetarian quiche
- Served with:
Roast potatoes or mashed Potatoes
Mixed vegetables, parsnips & gravy
- C. Tuna sandwich

RHUBARB CAKE & CUSTARD

Wednesday

- A. Fish Fingers
- Served with:
Chips and peas
- B. Cheese sandwich
- ## CHOCOLATE DROP BISCUIT

Thursday

- A. Roast gammon
 - B. Country bake
- Served with:
Roast potatoes or mashed potatoes
Mixed vegetables, cauliflower & gravy
- C. Cheese & pickle sandwich

Friday

- A. Mince beef & vegetable pie
 - B. Quorn & vegetable pie
- Served with:
Mashed potato or pasta
Peas & gravy
- C. Jacket potato with cheese & beans
- ## ICED SPONGE